

# Blessing for Mothers



## A Family Faith Moment



**Reflect** on your mum, or someone who is like a mother to you!

**Think** about questions like:

What makes her smile? What is special about her? What makes her different from other mums? Your favourite thing about her?"

**Marble Heart craft:** Cut a large heart from thick paper/cardboard. In a shallow dish (bigger than your heart) spray in some shaving foam. Put drops of paint/food colouring on foam, and swirl gently with a skewer. Lay heart on top, pressing down gently before removing carefully. Scrape off excess foam using the ruler, and put aside to dry. Once dry, write some of the things you love about your mum on the heart, and give it to her!

### MATERIALS:

- Thick paper/cardboard
- Shaving Foam
- Paint or Food Colouring
- Shallow Dish
- Marker Pen
- Skewer
- Ruler

### Prayer:

God, thank you for all people who are like mums to us! We pray your big blessings on them, each and every day! AMEN!