



"Living the Resurrection"

Eastertide Family Faith Moment 2.



Reflection Questions

In our reading, two of Jesus' disciples were walking home to Emmaus. Jesus walked alongside them but "their eyes were kept from recognising him." They shared their sadness about how things hadn't turned out how they thought they would (at least for a little while). I wonder, has there been a time when things didn't happen the way you thought they would? Or can you remember a time you felt disappointed? Take time to listen and share these feelings. Lift them up to God. While eating together, the disciples' eyes were opened, and they recognised Jesus in the breaking of the bread. Jesus is with us when we notice and when we don't! Where are you experiencing life individually and as a family? Where have you seen God?

EQUIPMENT
Sheet of newsprint, or
pieces of paper taped
together
Pens or colouring
pencils



Practice- Life at the Table

In our reading, two of Jesus' disciples recognised Jesus in the breaking of the bread. Mealtimes were central to Jesus' ministry and life on earth. The table is a place to celebrate, to remember, to know and to be known. Create a table runner using the materials listed. During a meal together, write or draw the ways you have experienced life together as a family recently. Where have you seen or experienced God? Where have you found joy and thanksgiving?

BLESSING

God of Resurrection Life, remind us of the surprising joy that is found at the empty tomb. In these ever-changing days, surprise us over and over again with joy and fill our homes and our hearts with the life we have because of your Son, our risen Saviour, Jesus Christ. Amen!