

A Blessing for Fathers

Family Reflection and Action at Home...

- Reflect on what your father means to you, writing down a phrase (or draw a picture!) that describes him (prompts: 'What I like best about you is...' or 'What I am most thankful for is...')
- Then, write (or draw!) a blessing for him: 'Father, my prayer for you is...'
- Fold up your strips of paper w/words or paper w/drawings and place them in the blessing bowl
- Present the blessing bowl to your father, thanking him for his love (if your father is no longer living, offer these as a prayer)



MATERIALS

- strips of paper
- felts or pencils
- a blessing bowl



A Blessing...

(from *For Everything A Season* by the Nilsen Family)

May the love of God
shine through all
fathers. May all
children find peace and
hope in that love. Amen.